

# JOURNAL: THINKING ABOUT MY RELATIONSHIPS BEFORE LEAVING THE U.S.

IMMIGRANTS  
**RISING**

TRANSFORMING LIVES THROUGH EDUCATION

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# Acknowledgements

This resource is part of the “Life Outside the U.S.” project. It was created by Alejandro Espinoza with editing support from Claire Calderón. Visit [LifeOutsideTheUS.org](https://LifeOutsideTheUS.org) to learn more. Find all the resources created and gathered for this project at [immigrantsrising.org/LifeOutsideTheUS-resources](https://immigrantsrising.org/LifeOutsideTheUS-resources).

# About Us

Founded in 2006, Immigrants Rising transforms individuals and fuels broader changes. With resources and support, undocumented young people are able to get an education, pursue careers, and build a brighter future for themselves and their community. For more information, visit [immigrantsrising.org](https://immigrantsrising.org).

For inquiries regarding this resource, please contact us at [info@immigrantsrising.org](mailto:info@immigrantsrising.org) with the title of the resource included in the email subject line.